

Octo_____

Savannah Yoga Center

N.L._____

NEW STUDENT REGISTRATION FORM

Name_____

Address_____

City_____ State_____ Zip_____

Home#_____ Cell#_____

E-Mail (for upcoming events, updates & schedule changes)

Birthdate: _____

** Health Conditions/Concerns/Issues/Injuries/Previous Surgeries? Taking any medications? _____

How long have you practiced yoga? _____

How did you hear about us? Friend – who? _____

Other source: Circle one. (Our Website) (Flyer) (Search Engine) (Connect)

(Sav. Morning News Paper) (Walk By) OTHER? _____

What classes/workshops are you interested in?

- Teacher Training**
- Partner Yoga**
- Pre-Natal**
- Anusara Yoga**
- Dynamic/Power Yoga**
- Meditation**
- Kirtan**
- Breathwork**
- Yin Yoga**
- Ayurveda**
- Retreats**
- Kundalini**
- Massage**
- Iyengar Yoga**
- Yoga 4 Athletes**
- Nutrition**
- Aromatherapy**
- Senior Yoga**
- Jivamukti Yoga**
- Ashtanga**

Agreement of Release & Waiver of Liability

To obtain the best possible result from your practice and participation and to avoid any misunderstanding, it is requested that you acknowledge the following:

1. I am participating in yoga classes offered at Savannah Yoga Center, during which I will receive info and instruction about yoga and health. I recognize that yoga requires physical exertion which may be strenuous and may cause physical injury, and that yoga is comprised of positions and movements which I may not have experienced and which I am not aware. I am fully aware of the risks & hazards that may be involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in yoga classes. I represent & warrant that I'm physically fit & have no medical condition which would prevent my physical participation in yoga classes
3. In consideration of being permitted to participate in the yoga classes, I agree to assume full responsibilities for any risks, injuries, or damages, known or unknown, which may occur or sustain, as a result of participation in yoga classes.

DATE_____ Signature_____